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Model Making Competition –

"The Human Story" A Showcase of Creativity and Scientific Insight

- **Date:** 14th May 2025
- **Venue:** HRD Hall, PG Block
- **Batch:** 2024 – 2026
- **Organized by:** P.G Dept Of Psychology
- **Judges:** Ms. Sunila Sarella & Ms. Mercy Priyalatha
- **Number of Students:** 13

The Post Graduate, Department of Psychology successfully organized a Model Making Competition for the batch of 2024 – 2026 on 14th may 2025 at the HRD Hall, PG block that brought together students, faculty, and esteemed judges in a celebration of innovation and academic enthusiasm. The event took place with great favor and witnessed enthusiastic participation from students who displayed exceptional creativity and understanding of complex scientific concepts.

The central theme of the competition revolved around key topics such as prenatal development, brain structure, the nervous system, and the human story. The models presented were not only scientifically sound but also demonstrated exceptional creativity and effort. A video showcasing the process of making the model was also screened, during the event.

The judges for the event were invited, Ms. Sunila Sarella, Head of the Department of Psychology (UG), Ms. Mercy Priyalatha, Head of the Department of Zoology.

Prize Winners:

First Place – Brain Structure

Second Place – Prenatal Development
Third Place – Neuron Structure

A special highlight of the day was the release of the 4th edition of the Psychology Department newsletter – Mind Mine, for the academic year 2023–24. The newsletter, edited by Dr. Renuka Paul, Ms. Kavyashree S, and second-year students Ms. Umme Hafsa and Ms. Hiba Fathima, captures the department's achievements and events over the year. It was proudly unveiled by our judges, Ms. Sunila Sarella and Ms. Mercy Priyalatha. This event served as a platform for students to engage in experiential learning and showcase their academic and creative potential.

Release of Newsletter - volume 4 “Mind mine”





Brain Structure Model - 1st Prize Winners



Prenatal Stages of Development Model - 2nd Prize Winners



Neuron Structure Model - 3rd Prize Winners



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Workshop: Mandala Art Therapy

- **Date**: 26th May 2025
- **Venue**: PG Block
- **Batch**: 2024 – 2026
- **Number of Students**: 18
- **Resource person**: Ms. Smrithi S
- **Organised by**: Dr. Renuka Paul, Ms. Sandhya Reddy S, and Ms. Kavya Shree S

The Postgraduate Department of Psychology conducted a one-day workshop titled "Mandala Art Therapy" on 26th May 2025 at the PG Block. The session was facilitated by Ms. Smrithi S and attended by 18 postgraduate students from the M.Sc. Psychology (2024–2026 Batch).

The workshop offered a relaxing and insightful experience, focusing on guided meditation, the importance of being non-judgmental towards one's art, and the practice of creating Mandalas as a form of self-expression. Students engaged in drawing Mandalas based on their thoughts and emotions, allowing space for creativity and reflection.
The session also included historical insights into the origins of Mandala Art Therapy, highlighting influences from Indian traditions and Carl Jung's psychological theories. Both 1st and 2nd year students participated actively in the therapeutic art process.

The workshop provided a calming and reflective space, enriching students' practical understanding of art based therapeutic techniques. It encouraged self-awareness, mindfulness, and emotional expression, serving as a meaningful experience for future therapeutic practice.


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"Foundations and Applications of Crisis Intervention Strategies" A Platform for Practical Insight and Mental Health Awareness

- **Date**:13th June 2025
- **Time:** 12:00 PM – 01:00 PM
- **Venue**: PG Block
- **Batch**: 2024 – 2026
- **Number of Students**: 08
- **Guest Speaker:** Dr. Deepika Nambiar, Clinical Psychologist, Nishtha Healthcare
- **Organised by**: P.G. Department of Psychology

The Post Graduate Department of Psychology, under the IQAC initiative, successfully organized a guest lecture titled "Foundations and Applications of Crisis Intervention Strategies" on 13th June 2025. The session was held in the II MSc Psychology classroom and was attended by postgraduate students and faculty members.

Dr. Deepika Nambiar, a distinguished Clinical Psychologist from Nishtha Healthcare, was invited as the resource person. With her expertise and rich experience in the field of mental health, she provided valuable insights into the foundations of crisis intervention and its practical applications in real-life clinical settings.

The lecture covered critical aspects such as recognizing crisis situations, immediate psychological first aid techniques, and long-term support strategies. The students were actively engaged throughout the session and gained a deeper understanding of handling psychological crises with empathy and professionalism.

It served as an enriching academic opportunity for students to bridge theoretical learning with real-world application in clinical psychology.


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An IQAC Initiative
PG DEPARTMENT OF PSYCHOLOGY ORGANISES GUEST LECTURE ON
Foundations and Applications of
Crisis Intervention Strategies
Dr.Deepika Nambiar
Clinical Psychologist
Nishtha Healthcare
12-01PM | 13th June 2025
II MSc Psychology Classroom
Head of Department: Dr Renuka Paul
Organisers: Ms Sandhya Reddy & Ms Kavya Shree S




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Positive Psychology: Flow Theory

- **Date:** 26th June 2025
- **Venue:** PG Block
- **Batch:** 2024 – 2026
- **Resource person:** Dr. Reena Ryall
- **Faculty Coordinators:** Dr. Renuka Paul, Ms. Kavya Shree S and Ms. Sandhya Reddy S
- **Number of students:** 22

The Postgraduate Department of Psychology held a one-day workshop at the PG Block on Flow Theory. Dr. Reena led the session. The idea of flow, a condition of intense concentration and enjoyment during activities was the main focus of the workshop.

The session outlined the main ideas of Flow Theory, including the sensation of time flying by while in flow, complete focus, and striking a balance between skill and difficulty. In order to help students better grasp the idea, she also provided practical exposure by sharing examples from fields such as sports, art, studies, and music. Students participated in exercises and talked about their own experiences with flow in various contexts.

Through theory and real-world examples, students improved their comprehension of Flow Theory. To increase their motivation, focus, and general well-being, they learned to identify and use flow in both their personal and academic lives.

Positive psychology interventions like gratitude journaling, mindfulness, and positive affirmations reduce stress and anxiety, among college students thereby, encouraging both emotional regulation and resilience. Mainly Emphasizing empathy, compassion, and positive communication enhancing interpersonal skills, crucial for future psychologists.


No Signal
OUR VISION


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Research Methodology: Data Analysis & Reporting

- **Date**: 5th July 2025
- **Venue**: PG Block
- **Batch**: 2024 – 2026
- **Number of Students**: 17
- **Resource person**: Dr. Sindhuja C V
- **Organized by**: Dr. Renuka Paul, Ms. Kavya Shree S, Ms. Sandhya Reddy S

The Postgraduate Department of Psychology conducted a one-day workshop titled "Research Methodology: Data Analysis & Reporting" on 5th July 2025 at the computer lab. The session was facilitated by Dr. Sindhuja C. V, a faculty member with expertise in statistics and Assistant Professor at Bishop Cotton Women's Christian College. The workshop was attended by 17 postgraduate students from the M.Sc. Psychology program, Batch of 2024–2026. The session was designed to strengthen students' research skills, the workshop covered essential aspects of data analysis, including both quantitative and qualitative methods. Dr. Sindhuja provided in depth guidance on selecting appropriate statistical tools, with a strong emphasis on the practical use of SPSS software for analyzing psychological data. The session was highly engaging and practical, using real world examples and interactive discussions to make complex concepts more accessible. Students were encouraged to think critically about the interpretation and presentation of data in psychological research.

The workshop provided a structured and impactful learning experience, enhancing students' competencies in research data management, statistical analysis, and scientific writing. Participants developed practical skills in using SPSS software for data analysis and interpretation, strengthening their ability to draw meaningful conclusions from empirical data. The session also deepened their understanding of research methodologies and equipped them with essential tools for academic projects and future research endeavours. Overall, the workshop understanding contributed significantly to fostering a reflective, systematic, and evidence based approach to psychological inquiry.


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Movie Screening: Sitaare Zameen par

- **Date:** 24th June 2025
- **Venue:** Swagath Poornima
- **Faculty Coordinators:** Ms. Kavya Shree S
- **Organized by:** Ms. Kavya Shree S
- **Attended by:** M.Sc. Psychology Students (15)

As part of its ongoing effort to blend cinematic storytelling with psychological insight, the Postgraduate Department of Psychology organized the screening of "Sitare Zameen Par" in 2025, a powerful film that portrays the lives of children with Down syndrome and Autism Spectrum Disorder (ASD). The initiative was led by Ms. Kavya Shree S and attended by 15 postgraduate psychology students.

This soul stirring film walks us through the inner worlds of children who are often misunderstood and marginalized children whose challenges are visible, but whose strengths are too often overlooked. "Sitare Zameen Par" beautifully highlights how children with developmental disorders like autism and Down syndrome experience the world with sensitivity, creativity, and emotion, even when society labels them as "different."

Through compelling performances and a heartfelt narrative, the film invites viewers to question conventional education systems, societal judgments, and the lack of awareness about neuro divergence. It emphasizes the urgent need for inclusive education, where every child is given not only a seat in the classroom but also a chance to be seen, heard, and celebrated.

The screening left students both emotionally moved and intellectually awakened. It bridged textbook concepts with human realities making disorders not just clinical terms, but lived experiences. Students reflected deeply on the role of mental health professionals as advocates, not just observers, and the ethical responsibility to promote dignity and empathy in every child's life. The film served as a reminder that every child regardless of diagnosis is a star on their own journey, waiting for someone to believe in their light.

"Children with Down syndrome and autism don't need fixing they need understanding. And when we choose to see their hearts instead of their labels, we create a world where they don't just survive, they shine."


Sitaare zameen par
20TH JUNE
20TH JUNE



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Field Visit: "NIMHANS" Brain Museum

- Date: 27th June 2025
- Venue: NIMHANS Brain Museum, Bengaluru
- Faculty Coordinators: Dr. Renuka Paul & Ms. Kavya Shree S
- Organized by: Dr. Renuka Paul
- Attended by: M.Sc. Psychology Students (21)

The Postgraduate Department of Psychology organized a highly insightful and enriching educational field visit to the NIMHANS Brain Museum, Bengaluru. The visit was coordinated and led by Dr. Renuka Paul and Ms. Kavya Shree S, faculty members of the Department of Psychology. The Brain Museum at NIMHANS is a unique initiative that offers a rare, thought-provoking glimpse into the structural intricacies and mysteries of the human brain. With a collection of over 600 brain specimens, it serves as a remarkable educational resource for students of neuroscience, psychology, and medicine.

During the visit, students were taken on a guided tour of the museum, where they explored various preserved brain specimens demonstrating a wide range of neurological conditions, developmental anomalies, and structural changes due to disorders such as Alzheimer's, Parkinson's, and Schizophrenia. The exhibits powerfully illustrated the anatomy of the brain, allowing students to connect theoretical learning with real world biological structures.

Key Highlights of the Visit:

- Interactive and guided session explaining neurological disorders.
- Exploration of brain specimens affected by trauma, stroke, and tumors.
- Understanding neuroplasticity, brain mapping, and neurodegeneration.
- Appreciation of brain donation and ethical considerations in neuroscience research.

Outcome: The visit served as an eye opener, fostering curiosity and deep respect for the human brain's complexity. It enhanced students' understanding of neuroanatomy and psychopathology, bridging the gap between academic learning and practical knowledge. The experience also sparked thoughtful conversations on mental health, brain research, and the future of neuroscience. "The human brain is the most powerful organ, holding the secrets to memory, emotion, and thought. This visit to the Brain Museum wasn't just educational, it was inspiring, humbling, and mind opening."





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M.Sc. Psychology Orientation 2025

- **Date**: 15th September 2025
- **Venue**: HRD block
- **Batch**: 2025-2027
- **Faculty Coordinators**: Dr. Renuka Paul, Ms. Kavya Shree S, and Ms. Nidhi
- **Number of students**: 8

The Post Graduate Department of Psychology of Bishop Cotton Women's Christian College organized an Orientation Program for the batch of 2025–2027 on 15th September 2025 at the HRD Block. The event aimed to welcome the new students, introduce them to the department, and familiarize them with the academic environment and expectations of the institution.

The program commenced with a warm welcome address delivered by Ms. Abisha Marry. C. This was followed by a prayer by Ms. Mehak Hilal and Bible reading by Ms. Divya T, setting a serene and respectful tone for the event. Subsequently, an introduction to the institute was given by Ms. Shanmughi, followed by the Head of the Department's address. The faculty members of the department were then introduced. The department introduction was presented by Ms. Kavya S.K and subsequently the faculty members of the department were introduced and an overview of the course structure was presented.

This was followed by the club introduction delivered by Ms. Sobiya Hermain. A short tea break was provided for refreshment and informal interaction. An engaging session of games and activities was conducted by Ms. Shanmughi and Ms. Kavya S.K, fostering interaction and helping the new batch feel comfortable and welcomed. The program concluded with a vote of thanks delivered by Ms. Hanukkah John.

The orientation was anchored by Ms. Geetanjali. The event successfully marked the beginning of an enriching academic journey for the new students and served as a platform to build rapport between faculty and students.

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MSc Psychology Orientation'25



10AM | 15th September 2025
Venue: HRD Block

Head of Department: Dr Renuka Paul
Organisers: Ms Kavya Shree S

We are excited to have you with us,
as you embark your master's program!!



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Postgraduate Studies Orientation & Investiture Ceremony

- **Date:** 7th November 2025
- **Academic Year:** 2025-2026
- **Venue:** Seminar Hall
- **Chief Guest:** Rev. Louis Nelson A

The Postgraduate Orientation and Investiture Ceremony for the academic year 2025–2026 was held on 7th November 2025. The Postgraduate Studies Orientation and Investiture Ceremony for the academic year 2025–2026 effectively welcomed postgraduate students and formally inducted the elected student leaders, fostering a sense of responsibility, leadership, and commitment. The program provided clarity regarding academic expectations and student roles while emphasizing values such as integrity, accountability, and service. The investiture and pledge instilled confidence and motivation among the representatives to actively contribute to academic, co-curricular, mental health, cultural, sports, and spiritual initiatives. Overall, the ceremony promoted unity, active participation, and collaborative leadership, laying a strong foundation for a productive and engaging academic year.

The newly appointed student leaders pledged to carry out their duties with sincerity, responsibility, and integrity. The program concluded on a note that encouraged active participation, cooperation, and commitment towards academic and co-curricular activities throughout the year.

M.Sc. Psychology Student Council Representatives:

- **PG Representative:** Geethanjali G
- Class Prefect
  - **1st Year:** Umme Haniya
  - **2nd Year:** Mehak Hilal Z
- Cultural Prefect
  - **1st Year:** Sona Kumari M
  - **2nd Year:** Srilakshmi

Sports Prefect

- **1st Year:** Laavanya C
- **2nd Year:** Aqsa Ansari
- Chapel Prefect
- **1st Year:** Shekinah Gladys A
- **2nd Year:** Tirzah Esney
- Mental Health Prefect
- **1st Year:** Sneha S
- **2nd Year:** Vaishahi Thiruvarul





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Pathways and Perspectives: Career Counseling and Alumni Connect series

- **Date:** 08 October 2025
- **Venue:** PG Block, HRD hall.
- **Batch:** 2025 – 2027
- **Resource person:** Dr. Reena Ryall, Dr. Deepika Nambiar and Dr. Sindhuja CV
- **Faculty Coordinators:** Dr. Renuka Paul, Ms. Kavya Shree S and Ms. Nidhi S
- **Number of students**: 23

The Postgraduate Department of Psychology organized a one-day session under the Career Counseling and Alumni Connect Series on the theme "Exploring Opportunities in the Field of Psychology." The program aimed to create awareness among postgraduate students about diverse career avenues in psychology and guide them in aligning academic learning with professional aspirations.

The session began with Dr. Reena Ryall, who focused on Child Psychology. She discussed developmental and behavioral challenges in children, presented case studies, and explained various therapeutic techniques used to enhance emotional and cognitive growth.

The second session was handled by Dr. Deepika Nambiar, who delivered an insightful talk on Clinical Psychology. She elaborated on the pathways to becoming a clinical psychologist, the essential qualifications required, and the challenges faced in the field. Dr. Nambiar emphasized the importance of ethical practice, professional training, and emotional resilience while working with clients.

The third session was handled by Dr. Sindhuja C.V., who addressed topics related to Academia, Research, and Consultancy. She provided valuable insights into research publications, consultancy work, and academic contributions. Dr. Sindhuja encouraged students to develop research competence and to uphold academic integrity in their scholarly pursuits.

The session was insightful and interactive, offering a broad overview of various domains in psychology. Each speaker shared valuable expertise, linking academic knowledge with real world applications. Students participated actively, gaining clarity about their career directions. The event effectively bridged learning with professional guidance and inspired students toward their future pursuits.

As part of the session, a career interest questionnaire was administered to the participants to help them identify their areas of interest and potential specializations within psychology. The activity enabled students to reflect on their strengths and align them with suitable career paths.

The event concluded with an engaging Question and Answer session, where students shared their aspirations, clarified doubts, and received valuable guidance from the speakers, fostering motivation and clarity in career planning.

Outcome

The session enhanced students' understanding of career opportunities across child, clinical, and academic psychology. It strengthened their career orientation, self-awareness, and confidence in making informed professional choices.

By combining expert guidance with practical insights, the program enriched students' motivation and professional identity, preparing them to contribute effectively to the field of psychology.


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PG DEPARTMENT OF PSYCHOLOGY ORGANISES
PATHWAYS & PERSPECTIVES : CAREER COUNSELING & ALUMNI CONNECT SERIES.
"EXPLORING OPPORTUNITIES IN THE FIELD OF PSYCHOLOGY"
DR. REENA RYALL
CHILD PSYCHOLOGIST
DR. DEEPIKA NAMBIAR
CLINICAL PSYCHOLOGIST
DR. SINDHUJA C V
ACADEMIA RESEARCH, AND CONSULTANCY
ON 8-10-2025, WEDNESDAY
TIMINGS :- 9: 30AM to 12: 00 PM
Venue :- HRD Hall, PG Block




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Interventions in Organization: Individual & Group Level Implications for Organizational Effectiveness. Date: 3rd December 2025

Venue: HRD Hall
Batch: 2024 – 2025
Resource Person: Ms. Ojasvini Sharma
Faculty Coordinators: Dr. Renuka Paul, Ms. Kavya Shree S, and Ms. Nidhi
Number of students: 25

The Postgraduate Department of Psychology conducted a one-day workshop titled "Interventions in Organization: Individual & Group Level Implications for Organizational Effectiveness". The session was led by Ms. Ojasvini Sharma, a Change Management Professional. The workshop was organized to provide students with an understanding of organizational interventions at individual and group levels and their implications for enhancing organizational effectiveness. The program aimed to bridge theoretical knowledge with practical workplace applications.

The resource person explained key concepts related to individual and group level interventions such as motivation, communication, leadership, teamwork, and change management. Emphasis was placed on how these interventions contribute to employee well-being, productivity, and overall organizational effectiveness. The session incorporated real world examples, case discussions, and interactive components to help students understand the application of organizational psychology principles in workplace settings. Students actively participated by sharing perspectives, clarifying concepts, and engaging in discussions related to organizational challenges and solutions.

Outcome of the Program

Students gained a clear understanding of how individual and group level interventions operate within organizations. The workshop enhanced their awareness of practical strategies used to improve organizational effectiveness, teamwork, and employee engagement.


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PG DEPARTMENT OF PSYCHOLOGY ORGANISES
A WORKSHOP ON
INTERVENTIONS IN ORGANIZATION: INDIVIDUAL & GROUP LEVEL IMPLICATIONS FOR ORGANIZATIONAL EFFECTIVENESS.
Ojasvini Sharma
CHANGE MANAGEMENT PROFESSIONAL
CURRENT RESEARCH – AI ENGAGEMENT AND WORKPLACE ADOPTION
3 DECEMBER, 2025
WEDNESDAY
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An outreach program

- **Date:** 18-12-2025
- **Venue:** Nightingales Sandhya Kirana
- **Batch:** 2025 – 2027
- **Faculty Coordinators:** Dr. Renuka Paul, Ms. Kavya Shree S and Ms. Nidhi S
- **Number of students**: 25

The Postgraduate Department of Psychology organized a one day outreach program to Nightingales Sandhya Kirana aimed to create awareness among postgraduate students to focus on holistic well-being, combining social interaction, health support, and opportunities for income generation and guide them in aligning academic learning with professional aspirations.

The outreach program focused on an eco-friendly and interactive activity involving the making of paper bags. The program began with an introductory session explaining the importance of environmental conservation and the need to reduce the use of plastic bags. Participants were informed about how paper bags serve as a sustainable and biodegradable alternative to plastic.

In addition to the activity, students spent quality time interacting with the senior citizens. This interaction helped build rapport, understand their experiences, and create a friendly and supportive environment. The session was engaging and participatory, allowing both students and community members to learn from each other. The activity not only promoted environmental awareness but also strengthened social bonding and cooperation.

The program was found to be useful and meaningful for the students as it provided practical exposure, encouraged teamwork, and enhanced social responsibility.


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PG DEPARTMENT OF PSYCHOLOGY ORGANIZES
AN OUTREACH PROGRAM
VENUE: NIGHTINGALES SANDHYA KIRANA
RUN BY: NIGHTINGALES MEDICAL TRUST (NMT)
DATE : 18/12/2025, THURSDAY
TIME: 12 PM ONWARDS
ADDRESS : SHANTINAGAR, BENGALURU


Sandhya Kirana
A Project for Needy Senior Citizens
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Email: principal@bcwcc.edu.in Website: www.bcwcc.edu.in

Clinical Internship - Brains Super Speciality Hospital

- **Dates:** 10th November to 15th November 2025
- **Venue:** Brains Super Speciality Hospital
- **Course:** M.Sc. Psychology
- **Number of Students:** 10
- **Guided by:** Dr. Shalini bose

The Postgraduate students of Psychology undertook a clinical internship at Brains Super Speciality Hospital from 10th to 15th November under the guidance of Mrs. Dr. Shalini. The internship was designed to provide students with practical exposure to a hospital based mental health care setting and to help them understand the real life application of psychological concepts. During the internship, students were introduced to the functioning of a psychiatric hospital and the roles of various mental health professionals. The exposure included observation of patient intake procedures, case history taking, psychological assessments, and therapeutic interventions. Students were able to observe different psychiatric conditions and gain insight into both pharmacological and psychological treatment approaches.

The internship emphasized ethical practices such as confidentiality, professional conduct, and empathy while working with individuals experiencing psychological distress. Interaction with psychiatrists, psychologists, and allied mental health professionals helped students understand the importance of a multidisciplinary approach in mental health internship.

Objectives of the Internship

- To gain firsthand exposure to a clinical mental health setting
- To understand the structure and functioning of a psychiatric hospital
- To observe assessment, diagnosis, and intervention processes
- To develop professional skills such as empathy, ethical awareness, and effective communication
- To integrate theoretical knowledge with clinical observation

Orientation and Clinical Exposure

At the commencement of the internship, the interns were oriented to the hospital environment, its departments, and the overall functioning of the institution. Emphasis was placed on professional conduct, confidentiality, and ethical considerations while working in a clinical setting. This orientation helped interns understand their roles and responsibilities during the internship period. The clinical exposure enabled students to observe the patient care process and the manner in which mental health professionals interact with individuals experiencing psychological distress.

Skills Developed

Through this internship, the interns developed:

- Clinical observation and analytical skills
- Communication and active listening abilities
- Empathy and emotional sensitivity
- Professional discipline and teamwork skills
- Basic understanding of clinical documentation

Professional and Personal Growth

The internship experience contributed significantly to both professional and personal growth. Professionally, it strengthened interest in the field of clinical psychology and increased confidence in understanding mental health practices. Personally, it fostered emotional maturity, patience, and a compassionate, non-judgmental attitude toward individuals with psychological difficulties.

Outcome

Through this internship, students gained a clearer understanding of clinical psychology and psychiatric practices in a hospital setting. The experience enhanced their observational skills, ethical awareness, and professional sensitivity. It also helped students connect theoretical knowledge with practical exposure, thereby strengthening their academic and professional foundation in the field of psychology.


BrainS


BrainS

BISHOP COTTON WOMEN'S CHRISTIAN COLLEGE
C.S.I Karnataka Central Diocese
#19,3rd Cross, C.S.I Compound, Mission Road, Bengaluru – 560027 Affiliated to Bengaluru City University
Contact No: 080 – 22212933/22129880
Email: principal@bcwcc.edu.in Website: www.bcwcc.edu.in

Psychological Skills: from Theory to Practice

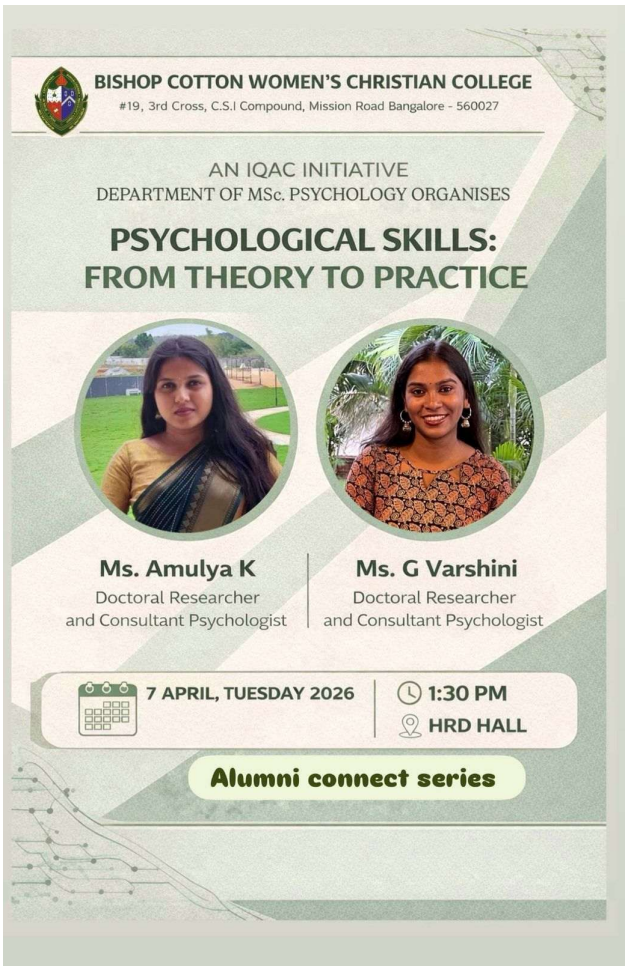
- **Date:** 07-april-2026
- **Venue:** PG Block, HRD hall.
- **Batch:** 2025 – 2027
- **Resource person:** Ms. Amulya.K and Ms. Varshini G
- **Faculty Coordinators:** Dr. Renuka Paul, Ms. Kavya Shree S and Ms. Nidhi S
- **Number of students: 23**

The Postgraduate Department of Psychology organized a one-day session - Alumni Connect Series on the theme "Psychological Skills from Theory to Practice"

The program aimed to create awareness among postgraduate students about diverse career avenues in psychology and guide them in aligning academic learning with professional Counseling skills. The session was conducted by esteemed alumni of the department, strengthening the connection between current students and graduates in the field.

The session began with Ms. Varshini, who addressed professional skills based on Counseling skills the session. prioritized the practical integration of essential counseling skills; students were guided through the technical implementation of active listening, clinical empathy, behavior observation, and the decision-making processes required for client referral**.**"

"In addition to discussing key counseling competencies, the speaker Ms.Amulya.K outlined various career pathways for MSc Psychology graduates and provided a list of recommended counseling centers to facilitate mandatory internship training, thereby guiding students in their transition from academia to professional practice.


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#19, 3rd Cross, C.S.I Compound, Mission Road Bangalore - 560027
AN IQAC INITIATIVE
DEPARTMENT OF MSc. PSYCHOLOGY ORGANISES
PSYCHOLOGICAL SKILLS:
FROM THEORY TO PRACTICE
Ms. Amulya K
Doctoral Researcher
and Consultant Psychologist
Ms. G Varshini
Doctoral Researcher
and Consultant Psychologist
7 APRIL, TUESDAY 2026
1:30 PM
HRD HALL
Alumni connect series


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