



Bishop Cotton Women's Christian College
#19, 3rd Cross, C.S.I. Compound, Mission Road,
Bengaluru - 560027.

An IQAC Initiate

**PG DEPARTMENT OF
NUTRITION & DIETETICS**

**Organises
A two day skill building
workshop on**

**FOOD
PRESERVATION**

**Resource Person:
Mr. N. SRINIVASAN (Rtd)
Food and Nutrition Board, Bengaluru**

**DATE: 18th & 19th DECEMBER 2023
VENUE: PG NUTRITION LAB**



SKILL BUILDING WORKSHOP

on

FOOD PRESERVATION

Post Graduate Department of Nutrition & Dietetics organized a two day skill based workshop on 18th and 19th of December 2023. Mr. N. Srinivasan, retired member of the Food & Nutrition Board, Bengaluru was the resource person invited for providing hands on training on food preservation for the students.

Each group were taught on skills in preparing jams and jellies like guava jelly, apple jam, orange marmalade, mixed fruit jam etc.

On the second day we were given training on preparing different pickles, chutneys and sauces like green chilli pickle, beetroot pickle, mixed vegetable pickle, lime peel pickle, green chilli sauce, tomato ketchup, spicy tomato chutney, sweet and spicy raw mango chutney.

A total of 28 students of I year M. Sc. N& D benefitted in attending this two day skill build workshop which was huge success.

Students participation in the skill build workshop



