



BISHOP COTTON WOMEN'S CHRISTIAN COLLEGE

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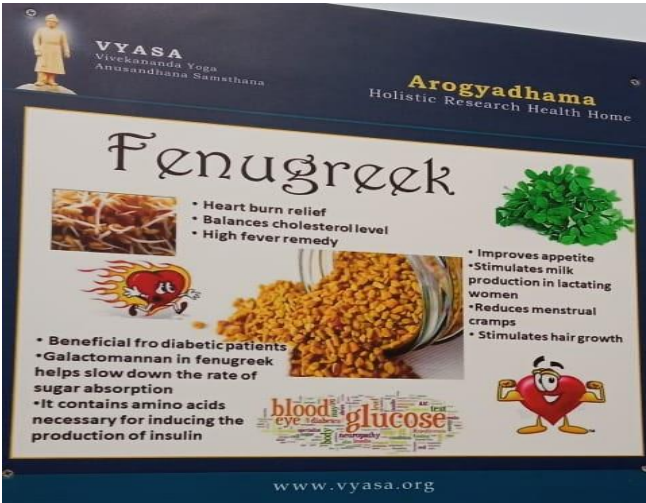
REPORT ON HEALTH TOURISM VISIT TO S-VYASA YOGA UNIVERSITY

The HOD, Mrs. Evangeline Rajkumari Department of Sociology and Students of I II & III BA Went on a Visit to S-VYASA Yoga University on 6th July 2022 in accordance with the Curriculum for “Health Tourism”. To get a Practical Exposure about the functioning of Arogyadhama, Surabhi and Anvesana. On reaching the University, the students were guided into the Samskruti Bhavan, Dr. H R Nagendra, Hon’ble Chancellor and Dr. Prof.M K Sridhar, Registrar welcomed and addressed the Staff and 46 Students and briefed about the University divisions and its Services rendered to the People. They explained that the S-VYASA as number of departments is an outreach branch that strives to help the needy people.



1.AROGYADHAMA: Arogyadhama or Holistic Research Health Home is a healing centre for outpatient which integrates yoga into treatment along with ayurveda, naturopathy, acupuncture etc, to provide holistic wellness for promotion of positive health.





2. ANVESANA RESEARCH LABORATORIES: These labs are some of the finest in Asia, the Scientists who work here have devoted their lives to studying various scientific aspects of the practice of yoga and its effects on humans and human behavior. Anvesana is a center for Advanced Research in Integrative Medicine.





CLINICAL PSYCHOLOGY LAB



MOLECULAR BIO SCIENCES LAB

3. SURABHI: -Treatment for various issues and problems are given .The students were guided through the rooms containing the Sauna to alleviate muscle soreness and tension, Mud therapy rooms which helps invigorate, refresh and vitalize the body it absorbs toxic substances from the body.

