# Bishop Cotton Women's Christian College NSS Annual Report 2020-2021

Awareness Programme – Spit-Free India Movement:

The NSS volunteers showed support to the 'Spit-Free India Movement' during June to August 2020 to prevent the spread of COVID – 19. Around 100 volunteers created awareness among public on the issue and received a Letter of Appreciation from "Pledge for Life'.



## Independence Day:

On 15<sup>th</sup> August 2020, NSS unit celebrated Independence Day along with NCC unit and Student Council. The National Flag was hoisted by Prof. Esther Prasanakumar, Principal. The safety norms were followed due to the National pandemic COVID 19. To adhere to the covid restriction, only 12 Faculties were part of this programme.







# Awareness Programme:

The NSS Volunteers along with their family members pledged to prevent COVID 19 on 9<sup>th</sup> October 2020. The volunteers also created awareness among the public about the safety precautions to be followed in this pandemic. Around 30 volunteers took part in this programme.

#### **NSS Orientation:**

The NSS Unit organized Orientation Programme for all the volunteers on 6<sup>th</sup> November 2020 at 12.30 p.m. The programme was led by the NSS committee members. The volunteers were given an insight on the Working of NSS and the Role of Youth in NSS. 110 participants and 3 faculty took part in this programme.

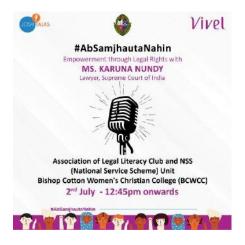
#### Webinar:

The NSS unit organized a Student Webinar on 'Strategies for Better Mental Health' on 20<sup>th</sup> November 2020 at 10 a.m. through online platform. The speaker Ms. Delphina Esther, Counseling Psychologist spoke about the Best ways to overcome mental health issues and enhance positive thinking. The students from various colleges participated in this event with a registration of 236 participants.



#### Workshop:

The NSS Unit in association with Legal Literacy Club organized an online workshop in association with ITC Vivel on the topic 'Empowerment through Legal Rights' on 2<sup>nd</sup> July 2021 at 12.45 p.m. The speaker for the workshop was Ms. Karuna Nundy, Lawyer, Supreme Court of India. The students were given an insight knowledge of the legal empowerment to exercise their rights. Around 200 students took part in this programme.



#### Webinar:

The NSS unit organized a Student Webinar on 'Sustainable Entrepreneurship' on 30th July 2021 at 10 a.m. through online platform. The speaker Mr. Krishnan, Founder of Yellow Bag, Counseling spoke about Sustainable Entrepreneurship and its impact on social and environment which increases the quality of life. The students from various colleges participated in this event with a registration of 180 participants.



## Republic Day:

Republic Day was celebrated on 26<sup>th</sup> January 2020 along with NCC unit, Student Welfare Officers and council members. Dr. Jacqueline, Head, Department of Chemistry hoisted the National Flag. 50 students and 12 faculties were part of this programme.

NSS Programme Officer – Mrs. Jenifer Soniya S

## **Committee Members:**

Mrs. Vandana – Department of Commerce

Mrs. Shruti Nagaiah – Department of History

Ms. Nirmala Gowda – Physical Education Director