

7.2 Best Practices

7.2.1 Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.

Response:



Best Practice I

TITLE: Reach to teach and serve.

OBJECTIVES:

- Serve the needy.
- To promote activities to serve the community.
- To instill a sense of responsibility towards the concerns of the society.
- To spread basic education for all.
- To help build goodwill and peace in the society.

THE CONTEXT:

It is common to understand that the life of a student revolves around the need to learn and unlearn new developments in the chosen subject and to look forward to various career opportunities of the same. At Bishop Cotton Women's Christian College, we teach the students to prioritize studies and also give equal importance to the concerns of the society. The students are made to think and act beyond their comfort zone and to move out of campus to help the weak, marginalised and the less privileged. Free food and basic essentials are distributed to the needy, basic English and general science is taught by students at government schools and love is showered upon the ones longing for care and concern.

THE PRACTICE:

Every student who walks into the portals of Bishop Cotton Women's Christian College is promised with a real life learning along with their curriculum. The students are encouraged to be conscious about the needs of the society and also lend a helping hand to the same. The students through the Rotaract Club are involved in many of the community services, sharing with the resources that they have to the less privileged. They are also involved in spending meaningful memorable time with the senior citizens, the mentally challenged children and bring joy to this fellow human being. The students also enjoy the privilege of teaching the school children Basic English and General Science at the nearby Government school.

EVIDENCE OF SUCCESS:

By organising outreach programs, the students are aware of their social responsibilities and also develop a sense of respect and dignity to the downtrodden. By this approach the institution nurtures the wellbeing of the students and is instrumental in fostering happiness through social support and economic stability. By **initiating some of these practices the student's community contributes towards achieving at – Good Health and wellness, zero hunger and quality education, thereby contributing towards achieving Sustainable Development Goals.**

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

Problems Encountered:

- Community based programs most of the time face the challenge of getting permissions to visit.
- Financial constraints.
- During the pandemic since students were not on campus organizing outreach programs was a challenge.
- Commuting to these places.
- Safety of the students.
- Targets set at the beginning of the year sometimes are not achieved due to the short semester terms and academic goals.

Resources Required:

- Financial aid and generous contributions would be encouraged both from the students and the faculty.
- Appreciation and acknowledgement in terms of Permissions, attendance and credit points to be given to the actively participating students.

Best Practice II

TITLE: COMMUNITY AWARENESS AND SUSTAINABILITY OF ECOSYSTEM (CASE)

OBJECTIVES:

- To create awareness on health and hygiene related to children and women.
- To educate students towards maintaining a clean and green environment.
- To encourage students towards attaining Sustainable Development Goals.
- To motivate students to volunteer to donate for a noble cause.

THE CONTEXT:

Health and hygiene refer to good practices that prevent diseases and lead to good health. These habits promote excellent health and a clean environment. In order to create a clean and green environment. We need to embrace nature and inspire changes which is the gateway to

eco- conscious living. The students are made to understand the need to empathize with the well-being, good health of fellow citizens and are encouraged to donate in terms of blood donation, eye and hair donation.

THE PRACTICE:

The college serves as an important platform to bring awareness among the students about various issues. Importance is given more to personal health and hygiene. Along with this awareness is also created about various other global issues in the form of guest lectures, General Assembly, Bulletin Boards. Students are also briefed and encouraged about the need to donate in terms of organ donation, eye donation to the needy and hair donation to the cancer patients and also blood donation which is usually initiated by the Red Cross society of the college.

The students are taught to be eco conscious by educating them about the alarming environmental issues and also calls for the responsibility of the students' community to contribute towards the sustainability of the ecosystem. Many initiatives are organised by the Eco Watch Club of the college thereby taking tiny steps towards achieving sustainable goals.

EVIDENCE OF SUCCESS:

The students are made to be aware of the responsibilities towards the community, environmental concerns and social causes. The exposure to these various orientation programs and visits created a platform for the students to be thoughtful and gave them the capacity to look beyond themselves. The students were equipped to take the first step to bring the transformation in the society at large, starting from the opportunities initiated on campus. Even though there was fear lingering during the pandemic restrictions, our students crossed all barriers and boundaries to express their love, care and concern to the needy and unappreciated. The students were always swift to go that extra mile to reach the needy. **By initiating some of these programs we are contributing towards sustainable cities and community, Climate action , Life on land SDG.**

PROBLEMS ENCOUNTERED AND RESOURCES REQUIRED:

Problems Encountered:

- Due to Pandemic the students were confined to their homes and many programs were on virtual mode.
- Time is a serious constraint.
- Pandemic restrictions.
- Unable to reach out due to lockdown.

- Lack of necessary equipment, digital network issues when online programmes were conducted.

Resources Required:

- Financial Support and mobilizing volunteers were a challenge.
- Support and permission from some of the Government led Organisations.